

Athletics Vocabulary

Year 1 and Year 2
Athletics target speed landing underarm overarm sprinting Hurdles weight height javelin grip strike power javelin cricket ball basketball
Year 3 and Year 4
Accuracy Rotation Relay Shot put Estimating Exchange Relay baton Pace shot put take off technique
Year 5 and Year 6
Tactic triple jump phase torso endurance Stamina Stance high intensity sustain

Dance Vocabulary

Year 1 and Year 2
Travel Stillness Direction Space Body parts Levels Speed
Year 3 and Year 4
Space Repetition Action and reaction Pattern
Year 5 and Year 6
Dance style Technique Pattern Rhythm Variation Unison Canon Action Reaction

Games Vocabulary

Year 1 and Year 2
Striking Catching Own space Team Speed Direction Passing Controlling Shooting Scoring
Year 3 and Year 4
Keep possession Scoring goals Keeping score Making space Pass/send/receive Travel with a ball Make use of space Points/goals Rules Tactics Batting Fielding Defending Hitting
Year 5 and Year 6
Dribbling Support Marking Attackers/defenders Marking Team play Batting Fielding Bowler Defending Offside Pitch Forehand/backhand

Games Vocabulary

Gymnastics Vocabulary

Year 1 and 2
Forwards Backwards Sideways Roll Slow Body parts Shape Jump Travel Stretch Wide Narrow
Year 3 and 4
push pull step spring crawl still tall long forwards high low copy jump land balance
Year 5 and 6
Muscles Joints Symmetrical/asymmetrical Rotation Turn Shape Landing Take-off Flight Performance/evaluation

Gymnastics Vocabulary

Outdoor adventurous activities Vocabulary

Year 3 and Year 4
Orientate Key Coordinates Maps Navigate Trail Solve Environment Diagrams Route Strategy Scenario Orientation Symbols Co-operate Responsibility
Year 5 and Year 6
Navigation equipment Compass Compass bearing Assess Assessment Route Check point Implement Refine Stamina strategy Scenario Control point Stamina Pace.