What's On Flyer

Monday 19th - Friday 23rd October 2026

Spooky Spectacular Disco & Raffle

We are excited to announce that a School Disco has been planned for Thursday 22nd October. This will run from 3:05pm until 4:30pm and is for children in Yr 1 to Yr 6. Children are welcome to bring a change of clothing to school on this day if they wish. Tickets are available now on ScoPay for £3.00 and will include a snack and entry into a raffle to win one of our Halloween Hampers, kindly donated by the FLSA. All funds raised during this event will be used by the FLSA as they continue to support and enhance the school experience for all pupils.

Non-School Uniform Day

We are looking forward to a non-school uniform day this Friday (23rd Oct) and in exchange we ask pupils to bring a bottle that can be used as a prize at the FLSA Bingo on 11th November (see attached poster for details).
Bottles of all shapes and sizes are welcome, including soft drinks, alcoholic drinks, bubble bath and more. (Please ensure alcoholic drinks are dropped off directly to the school office).

Bed Time Story Event

Children in Yr R, 1, 2 and 3 are invited to join us oat our Bed Time Story event in November. Sign up is now open on Arbor, under the heading of 'Trips'.



FLSA AGM

A reminder that the FLSA AGM will take place at school on Wednesday 21st October at 7:00pm. We would strongly encourage all members of our school community to come along and show support.
Nominations for key roles in the FLSA are also currently open, for more information please refer to the letter sent recently, or contact the school office.

Christmas Cards

A reminder that Christmas Card orders will need to be placed by the end of Saturday 24th October.

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Monday 19

- PE lessons for Willow & Larch - come to school wearing your PE kit
- Football Club for Yr 3,4, 5 & 6 pupils who have signed up - remember to bring your PE kit
- Activity Club for Yr 1 & 3 pupils who have signed up

Tuesday 20

- Tuneful Tots at 9:30am - contact the school office for more details
- Healthy Tuckshop - remember your 50p
- Young Voices Club for Yr 5 & 6 pupils who have signed up

Wednesday 21

- PE lessons for Cherry & Redwood - come to school wearing your PE kit
- Craft Club for Yr 2 pupils who have signed up
- Tag Rugby Club with Luctonians for Yr 3,4, 5 & 6 pupils who have signed up - remember to bring your PE kit
- FLSA AGM at 7pm

Thursday 22

- Light & Colour Team event day
- Nursing Home visit for select pupils
- **NO** Craft Club for Yr 3,4, 5 & 6 pupils
- Spooky Spectacular Disco - tickets available via ScoPay - remember to bring a change of clothing if you wish

Friday 23

- Snack Shack - remember your 50p
- Non-School Uniform day in exchange for a bottle for the FLSA Bingo
- End of Half Term

Upcoming dates for your diary:

Mon 2nd Nov	Back to School
Tues 3rd Nov	Bedtime Story event for children in Yr R , 1, 2 and 3
Mon 9th Nov	Start of Redwood Swimming fortnight
Weds 11th Nov	FLSA Christmas Bingo

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Well Done to the Stars and Child of the week who were:

Cherry Class
Star Writer: **- Ruben**
Child of the Week: **- Kallie-Mai**

Willow Class
Star Writer: **- Cairo**
Star Mathematician: **- Spencer**
Child of the Week: **- Miles**

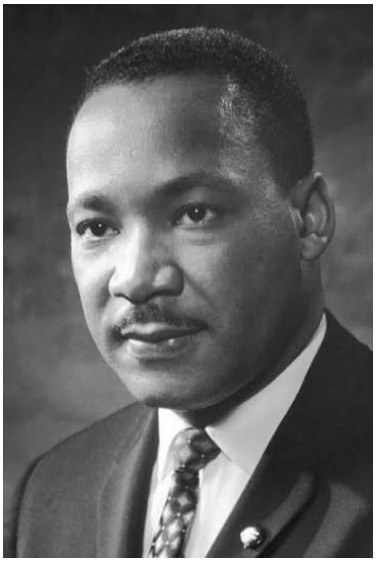
Larch Class
Star Writer: **- Holly Y**
Star Mathematician: **- Kooper**
Child of the Week: **- Atlanta**

Redwood Class
Star Writer: **- Archie**
Star Mathematician: **- Evelina**
Child of the Week: **- Theo**

SPOTLIGHT ON...

Black History Month

Martin Luther King Jr.



Martin Luther King Jr. was a brave and inspiring American who believed everyone should be treated fairly - no matter their skin colour - and he wasn't afraid to speak up about it (in a calm, peaceful way!). Instead of fighting with fists, he used words, marches and big dreams, including his famous "I have a dream" speech that still gives people goosebumps today!

Thanks to Martin Luther King Jr, unfair rules began to change and more people were treated with kindness and respect. Every January, we celebrate *Martin Luther King Jr. Day* to remember his courage, learn about being fair and to remind ourselves that even one person with a big heart and a big dream can help to make the world a better place.

Luston Primary School

invites you to their annual

CHRISTMAS BINGO









Wednesday 11th November

Doors open 6pm
Eyes down 7.30

Location:
Jarrod Bowen Lounge
Leominster Sports & Social Club



and some wonderful raffle prizes

plus our TREMENDOUS WIN CHRISTMAS raffle*

KEEPING CHILDREN SAFE ONLINE

WhatsApp group chats: what parents need to know

Group chats can be a fun way for young people to stay in touch, but they can also be used by others to groom, exploit or harm children.
It's important to know the risks and how you can help keep them safe.



WHY GROUP CHATS CAN BE RISKY

- Children may be added to groups by people they do not know.
- Grooming can start with friendship, attention, gifts, games or status.
- Children can be pressured to share photos, personal information or their location.
- Sexual images can be requested, shared or used to threaten or blackmail a child.
- Criminal exploitation can involve secrecy, money, gifts, drugs, violence or pressure to meet others.
- **Screenshots, forwarding and disappearing** messages can make harmful content difficult to control.

TALK TO YOUR CHILD

- Ask who is in their groups. Help them think about who they really know online.
- Check privacy settings together (e.g. who can add them to groups, who can see their profile and posts).
- Encourage them to tell you if someone makes them uncomfortable.
- Reassure them: they will not be in trouble for asking for help.

Have open and regular conversations

WARNING SIGNS

- Suddenly secretive about their phone.
- New online friends or contacts they cannot explain.
- Receiving gifts, money or new phones/clothes.
- Becoming withdrawn, anxious or upset after being online.
- Missing school or going missing.
- Talking about meeting people they know online.
- Sexualised messages/images or pressure to send pictures.

WHAT PARENTS CAN DO

1. Keep accounts private and review group-chat settings (e.g. who can add them).
2. Encourage children to block and report suspicious accounts.
3. Save evidence/screenshots if something worrying happens.
4. Do not confront a suspected exploiter yourself as this could put your child at further risk.
5. Get advice early — you do not need to be certain that exploitation is happening.

Stay involved. Stay informed. Keep them safe.

WORRIED ABOUT A CHILD?

Herefordshire Children's Services – SAFE Team
For advice and support about child exploitation (including online exploitation) and missing children.

Email: **exploitationteam@herefordshire.gov.uk**

If a child is in immediate danger call **999**

For safeguarding concerns contact **Herefordshire MASH**
01432 260800 (office hours)
01905 768020 (out of hours)

Trust your instincts.

Early advice can make a difference.
Safeguarding is everyone's responsibility.

Herefordshire Council