WHAT'S ON?

Week Commencing Monday 19th October

Monday
Breakfast Club from 8am
After School Club: Multi-skills
Squad

Tuesday
Breakfast Club from 8am
Individual Photos – please wear full uniform incl. jumper/cardy
PE Airfield (wear uniform, no PE kit please)
After School Club: Tag Rugby
Squad

Wednesday
Breakfast Club from 8am
After School Club: Spotlight & Football
Squad

Thursday
Breakfast Club from 8am
Order lunches for w/c 2nd November by 9.30am today
PE Arches
Cancelled After School Club: Netball
Squad

Friday
Breakfast Club from 8am
PE Ledicot & Arboretum
Swim – Group 1 children from Y4–6
Squad

School Nurse Drop in Thursday 5th November
If you'd like to see the School Nurse, please let the office know.

Check out our new fb page: shobdon primary school

HALLOWEEN MUFTI

Friday 23rd October



In exchange for wearing your Halloween mufti please bring in items for our Christmas Secrets Room at the Christmas Fayre. We kindly ask that each year groups brings in items, as follows:

Reception: Chocolate
Year 1: Snacks and biscuits
Year 2: Candles
Year 3: Christmas Decs
Year 4: Games/puzzles
Year 5: Small gifts
Year 6: Toiletries

New and unopened toiletries and food items please. Candles/Decs/Games/Puzzles/Gifts – new or good quality secondhand are welcomed!

Please do not bring any props and no face paints for those children swimming, Thankyou

STRIDE, RIDE AND GLIDE 2026!

Along with lots ofother school's in Herefordshsire,Shobdon School has been challenged by Stride Active to see how many active journeys we can make in one week!

WHEN IS THE CHALLENGE?

The week beginning the 19th of October. Let's get active for the whole week!

WHAT DO I RECORD?

Your class teacher will record your journey on the class tracker by marking a tally each time you make an active journey. If you walk to school AND back home, that would be 2 tallies. Then we will add up your daily total and put it in the end box.

WHAT COUNTS?

Walking / skipping / running
Cycling
Scooting
Park and Stride (walking for 10 minutes)

PRIZES

There are prizes on offer for the school that has the most active journeys!

AT THE END OF THE WEEK

We will email the class trackers to Stride Active.
Let's see how many active journeys we can make!

Black History Month

Rosa Parks

(1913 - 2005)



Early Life
Birth: She was born Rosa Louise McCauley on February 4, 1913, in Tuskegee, Alabama.
Job: She worked as a seamstress and a tailor.
Activism: In 1943, she joined the NAACP (National Association for the Advancement of Colored People) and worked as a secretary for the local chapter in Montgomery.

The Bus Arrest
The Date: On December 1, 1955, in Montgomery, Alabama, she rode a public bus.
The Rule: At the time, Jim Crow laws forced Black passengers to give up their seats in the middle/front sections if white passengers needed them.
Her Action: When the bus driver told her to move to the back, she refused and remained seated.
The Arrest: The police arrested her and fined her $14 for breaking segregation rules.

The Montgomery Bus Boycott
The Protest: Black residents of Montgomery stopped riding the city buses to protest her arrest and unfair laws.
Leadership: A young minister named Dr. Martin Luther King Jr. helped lead the peaceful boycott.
How Long It Lasted: The boycott went on for 381 days.
The Victory: On November 13, 1956, the U.S. Supreme Court ruled that laws segregating public buses were unconstitutional.

Later Life and Honors
Moving to Detroit: In 1957, she moved to Detroit, Michigan, where she continued working for civil rights and later worked for U.S. Representative John Conyers Jr.
Major Awards: She received the Presidential Medal of Freedom in 1996 and the Congressional Gold Medal in 1999.
She passed away on October 24, 2005, at the age of 92.

Oaker Wood

NATURALLY ADVENTUROUS

OCTOBER HALF TERM - WHAT'S ON!

Children's Holiday Club, for 7 - 11 year olds
High & Low Ropes, Roaming Reptiles & more!
27th & 28th October - £25 per person

Children's Holiday Camp, for 7 - 12 year olds
29th - 30th October - £125 per person

Teen Adventure Day, for 11 - 16 year olds
Friday 30th October - High Ropes & Paintball

AND FAMILY FUN - SEE WEBSITE FOR FULL DETAILS



Book Online www.oakerwoodleisure.co.uk

KEEPING CHILDREN SAFE ONLINE

WhatsApp group chats: what parents need to know

Group chats can be a fun way for young people to stay in touch, but they can also be used by others to groom, exploit or harm children.
It's important to know the risks and how you can help keep them safe.

WHY GROUP CHATS CAN BE RISKY

- Children may be added to groups by people they do not know.
- Grooming can start with friendship, attention, gifts, games or status.
- Children can be pressured to share photos, personal information or their location.
- Sexual images can be requested, shared or used to threaten or blackmail a child.
- Criminal exploitation can involve secrecy, money, gifts, drugs, violence or pressure to meet others.
- Screenshots, forwarding and disappearing messages can make harmful content difficult to control.

TALK TO YOUR CHILD

- Ask who is in their groups. Help them think about who they really know online.
- Check privacy settings together (e.g. who can add them to groups, who can see their profile and posts).
- Encourage them to tell you if someone makes them uncomfortable.
- Reassure them: they will not be in trouble for asking for help.

Have open and regular conversations

WARNING SIGNS

- Suddenly secretive about their phone.
- New online friends or contacts they cannot explain.
- Receiving gifts, money or new phones/clothes.
- Becoming withdrawn, anxious or upset after being online.
- Missing school or going missing.
- Talking about meeting people they know online.
- Sexualised messages/images or pressure to send pictures.

WHAT PARENTS CAN DO

1. Keep accounts private and review group-chat settings (e.g. who can add them).
2. Encourage children to block and report suspicious accounts.
3. Save evidence/screenshots if something worrying happens.
4. Do not confront a suspected exploiter yourself as this could put your child at further risk.
5. Get advice early — you do not need to be certain that exploitation is happening.

Stay involved. Stay informed. Keep them safe.

WORRIED ABOUT A CHILD?

Herefordshire Children's Services – SAFE Team
For advice and support about child exploitation (including online exploitation) and missing children.
Email: **exploitationteam@herefordshire.gov.uk**

If a child is in immediate danger call **999**

For safeguarding concerns contact **Herefordshire MASH**
01432 260800 (office hours)
01905 768020 (out of hours)

Trust your instincts. **Early advice can make a difference.**
Safeguarding is everyone's responsibility.

Herefordshire Council